



American Heart Association.  
**AMERICAN HEART CHALLENGE™**

# SMALL HEARTS WITH BIG CHALLENGES NEED OUR HELP

The American Heart Challenge is a service-learning program that gives middle and high school students the opportunity to feel good by doing good. Students will raise funds and awareness to fight heart disease and end health inequities to make a real difference.

Along the way, they'll meet and engage in interactive technology and activities to learn about vaping, mental well-being, physical activity, brain and heart health.



ISABELLE



LEVI



JASE



JAEDEN



ADDIE



Nearly 1 in 100 babies are born with a heart defect, the most common birth defect in the U.S.

That's why we support innovative research to save and improve the lives of children.





American Heart  
Association.

**AMERICAN  
HEART  
CHALLENGE™**



## STUDENT BENEFITS

- Community service hours
- Leadership skills
- Build college resume
- \$1,000 college scholarships



## EDUCATIONAL RESOURCES

- STEM lesson plans
- Social-emotional learning
- Physical activity videos



## SCHOOL GIVE-BACKS

- Professional development opportunities
- PE-focused modules
- Teacher incentives
- School wellness grants



## TURNKEY & FLEXIBLE

- Can be completed in 2 or up to 4 weeks
- Easily executed in both in-person and virtual school formats
- All program materials and resources easily accessible in one place

# READY TO SAVE LIVES?

1

Sign up and join schools across the country in the American Heart Challenge!

2

An American Heart Association staff partner will work with you to plan your program, supporting you every step!

3

Celebrate the difference you and your students have made in your community, and beyond!



**SCAN TO SIGN UP  
HEART.ORG/AHC**