

Lovin', Walkin', Talkin'

Post-Acute Stroke Care from the Rehab RN Perspective

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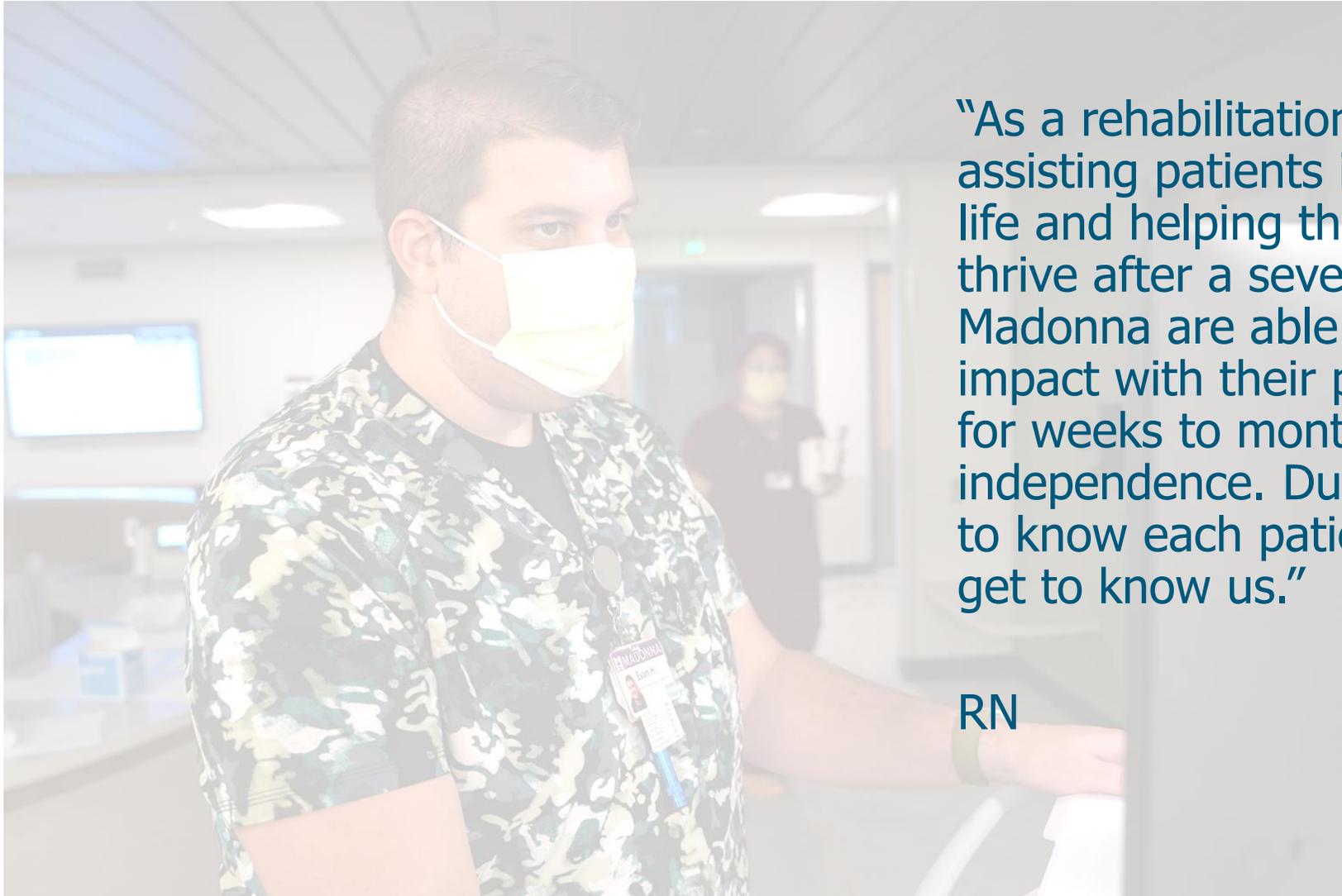
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Objective

- Discuss stroke nursing care across the continuum of rehabilitation

What is a Rehabilitation Nurse?



“As a rehabilitation nurse, we are focused on assisting patients in their return to everyday life and helping them learn how to continue to thrive after a severe illness or injury. Nurses at Madonna are able to help make a noticeable impact with their patients and work with them for weeks to months as they continue to gain independence. During that time, we really get to know each patient we care for, and they get to know us.”

RN

~Evan Hohnstein,

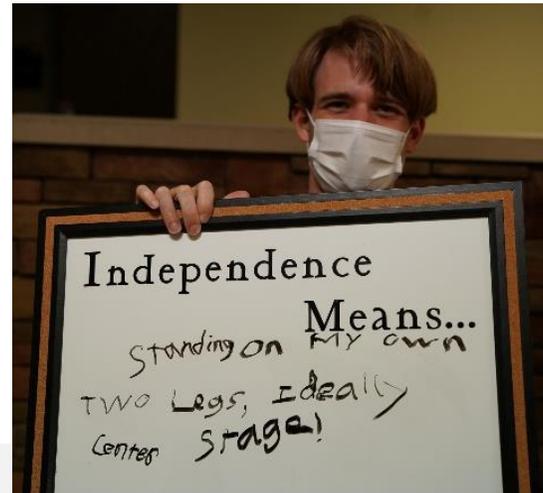
What is a Rehabilitation Nurse?

- Uses nursing clinical skills to help patients regain their maximal independence after a severe injury or complex illness

Rebuilding lives



Independence



Stroke Rehabilitation

- Minimize impairments and secondary complications
- Reducing activity limitations
- Maximizing participation and quality of life
- Decreasing environmental barriers
- Preventing recurrent stroke



Role of Rehabilitation Nurse

- Prevent complications
 - Vital signs
 - Skin
 - Pulmonary
 - Pain
 - Bowel and bladder
 - Nutrition and hydration
 - Falls
 - ...and many others!
- Manage co-morbidities



Role of Rehabilitation Nurse

- Bladder and Bowel management
- Fall prevention
- Assistive technology
- Teaching



Interdisciplinary Team

- Physical Therapy
- Speech Therapy
- Occupational Therapy
- Psychiatrist & Hospitalist
- Recreational Therapy
- Respiratory Therapy
- Case Manager
- Social Worker
- Neuropsychology
- Nutrition Therapy
- Pharmacist
- Pastoral Care
- Infection Prevention
- Admission Liaisons
- ...including patient and family!



Stroke Rehabilitation Continuum of Care

Not just inpatient rehabilitation...Rehabilitation Day Program

- Patient education
- Nursing cares
- Case management



Role of Rehabilitation Nurses



Rehabilitation Nurse

- Collaborator
- Educator
- Care coordinator
- Advocate
- Innovator
- Consultant
- Researcher



Patient Story





Questions

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