



PACE Guide Sheet

To Help You Prepare for Your Doctor Visits

Your Name:

Doctor:

Appointment Date:

Time:

Remember:

- ✓ Bring a list of all your medicines, including over-the-counter medicines, dietary supplements, vitamins and herbs.
- ✓ Ask for a copy of test results or reports about procedures (such as ECG).

REASON(S) FOR THE APPOINTMENT:

QUESTIONS ABOUT YOUR CONDITION:

DESCRIBE YOUR SYMPTOMS AND CONCERNS:

QUESTIONS ABOUT YOUR TESTS OR PROCEDURES:

QUESTIONS ABOUT YOUR MEDICINES:

WHAT YOU HOPE CAN BE DONE TO HELP YOU:

QUESTIONS ABOUT OTHER TREATMENTS:

During the visit, clarify what you hear:

- ✓ If you don't understand something, ask the doctor to explain.
- ✓ Repeat the doctor's instructions using your own words.
- ✓ At the end of the visit, review what you and the doctor agreed upon.