

## Iowa

- 99.6% of school districts are successfully serving healthy meals that meet strong nutrition standards<sup>i</sup>
- 16.9% of 10-17 year olds are overweight or obese<sup>ii</sup>
- 15.6% of 2-4 year olds in WIC are overweight or obese<sup>iii</sup>
- 95% of school districts need at least one piece of equipment to better serve nutritious foods<sup>iv</sup>
- 57% of districts need kitchen infrastructure changes in at least one school<sup>v</sup>
- 272,433 students participated in school lunch program in 2020<sup>vi</sup>
- 77,799 students participated in school breakfast program in 2020<sup>vii</sup>
- In 2019 for 9th through 12th grades, 15.9% did not eat breakfast<sup>viii</sup>
- In 2019 for 9th through 12th grades, 8% did not eat vegetables<sup>ix</sup>
- For school year 2019-2020, 26.3% of eligible school districts and 56.8% of eligible schools adopted the Community Eligibility Program<sup>x</sup>
- 29% of school districts are participating in farm-to-school activities<sup>xi</sup>

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<sup>i</sup> [https://fns-prod.azureedge.net/sites/default/files/cn/SFAcert\\_FY16Q4.pdf](https://fns-prod.azureedge.net/sites/default/files/cn/SFAcert_FY16Q4.pdf)

<sup>ii</sup> <https://stateofobesity.org/states/>

<sup>iii</sup> <https://stateofobesity.org/states/>

<sup>iv</sup> <https://www.pewtrusts.org/en/research-and-analysis/reports/2014/03/26/states-need-updated-school-kitchen-equipment-b>

<sup>v</sup> Ibid

<sup>vi</sup> <https://www.fns.usda.gov/pd/child-nutrition-tables>

<sup>vii</sup> Ibid

<sup>viii</sup> <https://nccd.cdc.gov/youthonline/App/QuestionsOrLocations.aspx?CategoryId=C05>

<sup>ix</sup> Ibid

<sup>x</sup> <https://frac.org/wp-content/uploads/CEP-Report-2020.pdf>

<sup>xi</sup> <https://stateofchildhoodobesity.org/state-policy/policies/farmtoschool/>