

Learn more at
StrokeAssociation.org/WarningSigns
Hard Hats with Heart™
American Heart Association.

T **TIME TO CALL 9-1-1**
If the person shows any of the symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately!



S **SPEECH DIFFICULTY**
Is speech slurred? Are they unable to speak or hard to understand? Ask them to repeat a simple sentence, like "The sky is blue." Is the sentence repeated correctly?



A **ARM WEAKNESS**
Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



F **FACE DROOPING**
Does one side of the face droop or is it numb? Ask the person to smile.



SPOT A STROKE F.A.S.T.

SPOT A STROKE F.A.S.T.!



F **FACE DROOPING**
Does one side of the face droop or is it numb? Ask the person to smile.



A **ARM WEAKNESS**
Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



S **SPEECH DIFFICULTY**
Is speech slurred? Are they unable to speak or hard to understand? Ask them to repeat a simple sentence, like "The sky is blue." Is the sentence repeated correctly?



T **TIME TO CALL 9-1-1**
If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately!



Learn more at
StrokeAssociation.org/WarningSigns

Learn more at
StrokeAssociation.org/WarningSigns
Hard Hats with Heart™
American Heart Association.

T **TIME TO CALL 9-1-1**
If the person shows any of the symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately!



S **SPEECH DIFFICULTY**
Is speech slurred? Are they unable to speak or hard to understand? Ask them to repeat a simple sentence, like "The sky is blue." Is the sentence repeated correctly?



A **ARM WEAKNESS**
Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



F **FACE DROOPING**
Does one side of the face droop or is it numb? Ask the person to smile.



SPOT A STROKE F.A.S.T.

SPOT A STROKE F.A.S.T.!



F **FACE DROOPING**
Does one side of the face droop or is it numb? Ask the person to smile.



A **ARM WEAKNESS**
Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



S **SPEECH DIFFICULTY**
Is speech slurred? Are they unable to speak or hard to understand? Ask them to repeat a simple sentence, like "The sky is blue." Is the sentence repeated correctly?



T **TIME TO CALL 9-1-1**
If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately!



Learn more at
StrokeAssociation.org/WarningSigns